

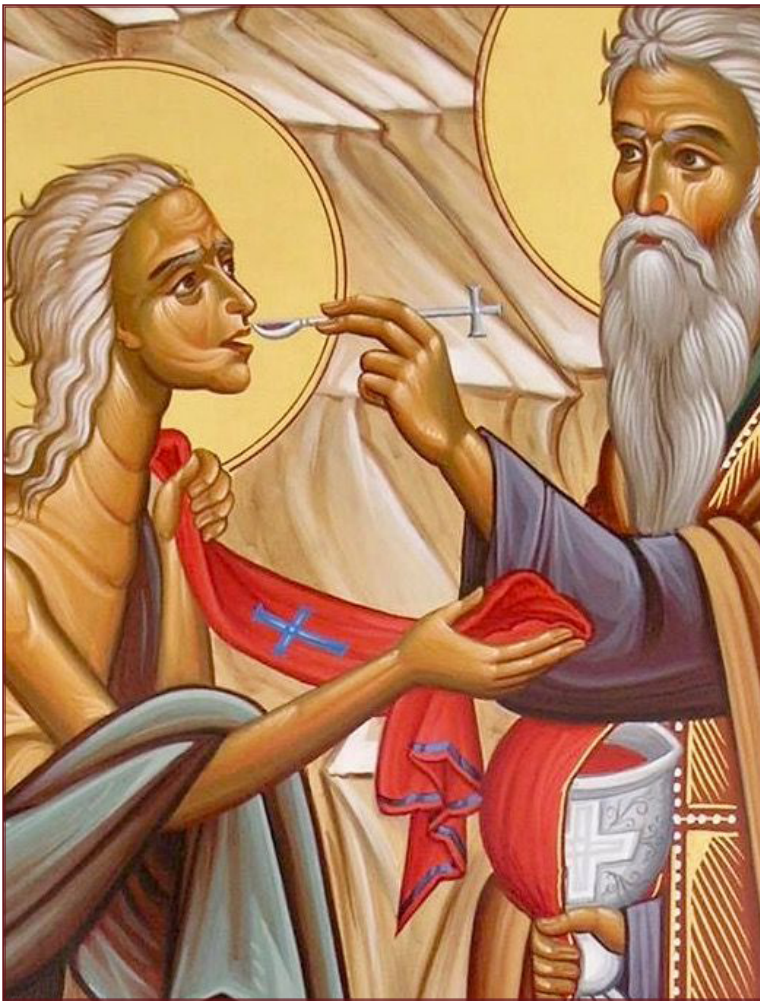
# God With Us

✠ ONLINE ✠

— *presents* —

## DYING *to* SIN

The First Steps in Askesis



LIVE WEBINAR

**Mondays**

**February 22, March 1 & 8**  
**8:00 - 9:00 p.m. ET**

Presented by Rev. Deacon Thomas Moses

Are we all called to askesis, or asceticism, or is it only the calling of a select few? Join us during the Great Fast as we learn from the great ascetics of the Church, discovering how to apply the practice of askesis in our own lives.



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GOD WITH US ONLINE is an outreach project of the Eparchial Directors of Religious Education (ECED) and the Eastern Catholic Associates (ECA) and is dedicated to the catechetical renewal of Eastern Catholics in the United States in accord with the Church's call for a new evangelization. *All programs are offered free of charge.*